

6 Questions to Visualize Your Best Future

Imagine and visualize your future five years out. Picture what your “best life” looks like, and ask yourself these questions. Use as much detail as possible to visualize where you want to be in the future without limitations.

1. How old are you?
2. Where are you living?
3. What are you doing – are you still running the same business you have now, or something else?
4. Who are you spending time with?
5. What do you do for fun?
6. How are you making the world a better place?

With these thoughts in mind brainstorm and describe below your future “best life.” Use as much detail as possible.