## **JANELLE**BRULAND

## 10 TRAITS OF TRUE LEADERS

Times of immense challenge can be periods of your highest growth and opportunity. Sometimes you can get caught in the swirl of constant change and forget your own development as a leader. Continued growth as a leader is one of the most important things you can do for yourself.

1.	On this podcast we talked about how easy it is for leaders to put their own growth and
	development in the back seat. What steps can you take to make your leadership growth an
	important priority?

2. Of the 10 Leadership Attributes, what is one area that comes easy for you? Ask yourself how you can sustain this quality, and help others grow in this trait.

**JANELLE**BRULAND

## **JANELLE**BRULAND

## 10 TRAITS OF TRUE LEADERS

Times of immense challenge can be periods of your highest growth and opportunity. Sometimes you can get caught in the swirl of constant change and forget your own development as a leader. Continued growth as a leader is one of the most important things you can do for yourself.

3.	Of the 10 Leadership Attributes, what is one area that you would like to focus? Write it
	down here.

4. Make an action plan to develop your chosen leader quality. Who do you know that already excels in this leadership trait that could mentor you?

